Too much unprotected exposure to the sun's radiation can make you sick or injured and take you off the job.
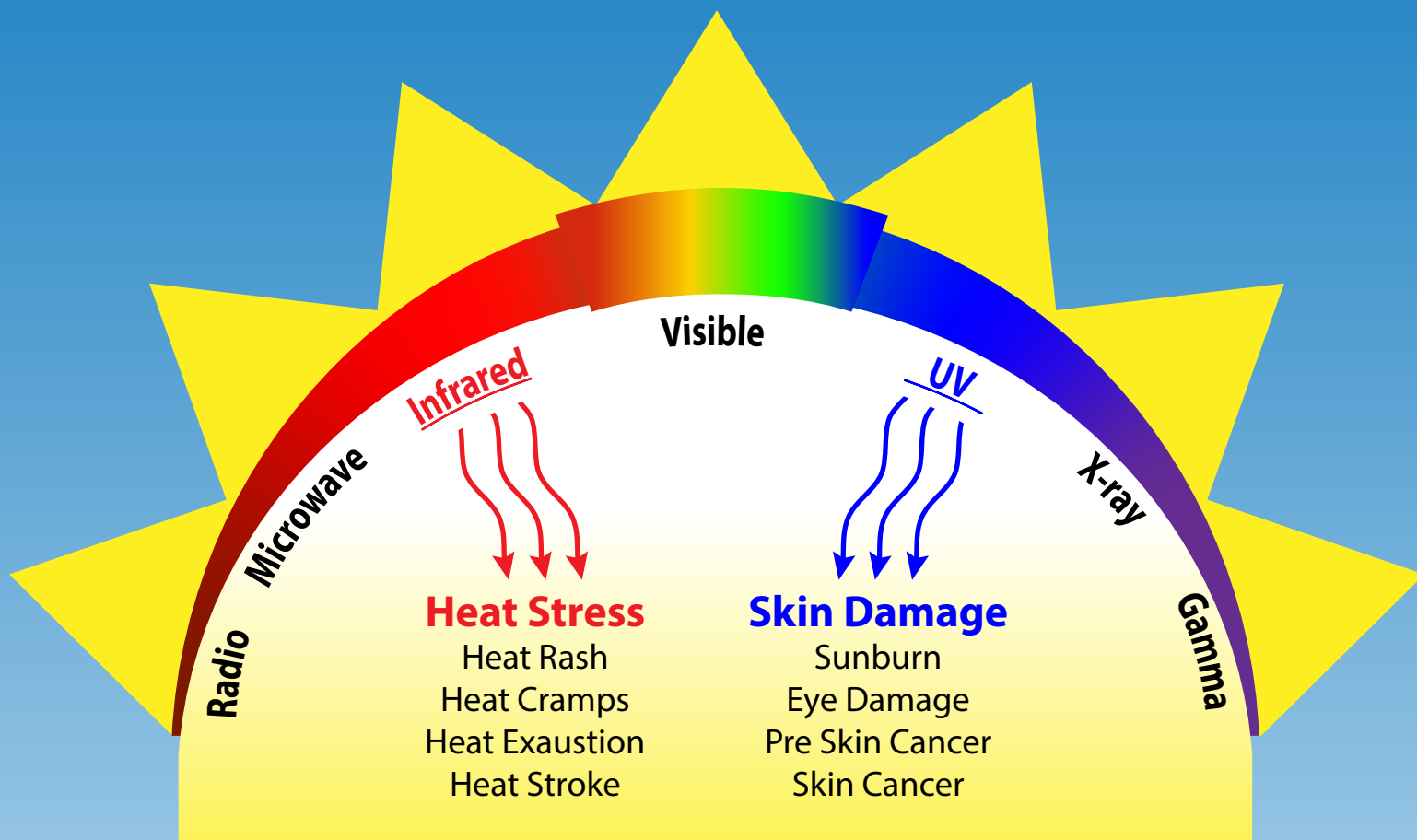
Go sun Smart Georgia

Visible

Infrared

UV

Microwave

X-ray

Radio

Gamma

Heat Stress
Heat Rash
Heat Cramps
Heat Exaustion
Heat Stroke

Skin Damage
Sunburn
Eye Damage
Pre Skin Cancer
Skin Cancer

Protect Yourself On and Off the Job

Cover Up • Hydrate • Rest in Shade • Wear Sunglasses • Wear Sunscreen